

# FULL OF GRACE: Women and the Abundant Life Study

*Start the New Year 2025 as a Woman of Grace*



**Full of Grace: Women and the Abundant Life** Foundation Study is being offered at St. Thomas the Apostle Parish. Vatican Council II asked women to accept God's urgent call to **"aid humanity in not falling."** Based on Johnnette Benkovic's book **Full of Grace**, this study will teach you God's purpose and mission for you by delving into prayer, Sacred Scripture, Church documents and teachings, The Catechism, the lives of women saints, and the example of our Blessed Mother. You will be nurtured and fed spiritually, mentally, and emotionally. You will learn to embrace your gift of authentic femininity and your dignity as a daughter of God. You will be equipped to fulfill your call and mission as a woman of grace in the world today.

## **2024 Women of Grace Study Testimonials:**

*"Feel closer to God and want to read the Bible more", "It was just what I needed in the most trying time of my life", "Prayer is part of my daily practice now and I look forward to it", "Made me more thoughtful and more in communion with other women", "Opened my eyes to what I need to do and how loving everyone is", "Taught me that women have a very important role to fulfill", "I am so blessed to be part of such a wonderful group of women", "Enjoyed learning about female saints and how God wants women to be more involved in helping humanity", "Loved the smaller groups as it allowed others to share", "This was a great study because the facilitators were welcoming and all women were very respectful of each other", "Inspirational"*

**Date:** Every other Wednesday (except March 26 and April 2nd):

**January 15<sup>th</sup> thru April 30<sup>th</sup>, 2025**

**Time: 6:30-8:30 pm**

## **Chapter Schedule:**

January 15<sup>th</sup> - **Chapter 1: The Special Call and Gift of Women**

January 29<sup>th</sup> - **Chapter 2: Prayer, Strength of the Abundant Life**

February 12<sup>th</sup> - **Chapter 3: Praise and Thanksgiving, Petition and Contrition**

February 26<sup>th</sup> - **Chapter 4: Obedience, Power for Abundant Life**

March 12<sup>th</sup> - **Chapter 5: Wisdom, Vision for Abundant Life**

March 26<sup>th</sup> - **Chapter 6: Eucharist, Heart of the Abundant Life**

April 2<sup>nd</sup> - **Chapter 7: Resurrection, Made New for the Abundant Life**

April 16<sup>th</sup> - **Chapter 8: Carrying Out the Mission, Embracing the Abundant Life**

April 30<sup>th</sup> - **Study Conclusion and the Party**

**Where:** St. Thomas Parish Center, 89 Pine St., West Springfield

**Cost:** For new attendees only -\$45 for the Full of Grace book and the Study Guide. Check made to **St. Thomas Church**. For returning women there is no cost.

**RSVP by January 12<sup>th</sup>:** e-mail to [stthomaswomenclub@gmail.com](mailto:stthomaswomenclub@gmail.com) or call Joyce at parish office **413-739-4779**